



LOUGH REA  
HOTEL & SPA



# Evening Menu

## Starters

**Soup of the Day (V) €6.95**

**Guinness Bread & Salted butter (GF Available)**  
(Contains Allergens: 6 Wheat, 7, 8, 9, 12)

**Galway Bay Seafood Chowder €8.95**

**Guinness Bread & Salted Butter**  
(Contains Allergens: 1, 2, 3 Fish, 6 Wheat, 7, 8, 9, 12)

**Crispy Spiced Buffalo Chicken Wings €9.95**

**Jack Daniels Barbeque or Hot Sauce,  
Peppered Leaf Salad & ranch Dressing**  
(Contains Allergens: 6 Wheat, 7, 8, 9, 11)

**Malaysian Chicken Satay €9.95**

**Peanut Sauce & Salad and Mango Dressing**  
(Contains Allergens: 6 Wheat, 7, 8, 9, 11)

**Chilli & Corn Tortilla Chips €8.95**

**Melted Grilled Cheese, Onion & Tomato Salsa,  
Sour Cream & Guacamole**  
(Contains Allergens: 6 Wheat, 7, 8, 9, 10, 13)

**Confit Duck Spring Rolls €10.50**

**With Salad Mesclun, Plum Sauce & Asian Salad**  
(Contains Allergens: 6 Wheat 7, 8, 9, 10, 13)

## Mains

**Char Grilled Thai Beef Noodles Salad €10.95/€16.95**

**Strips of Marinated Beef with Noodles, Coriander, Lime,  
Fresh Ginger, Garlic, Red Onion, Sweet Chili Dressing**  
(Contains Allergens: 6 Wheat 7, 8, 9, 10, 11, 12)

**Flame Grilled Chicken Caesar €9.95/€15.95**

**Crisp Cos Leaves, Garlic Croutons, Shaved Parmesan &  
Caesar Dressing**  
(Contains Allergens: 6 Wheat 7, 8, 9, 11, 13)

**Chicken Quesadillas €17.95**

**Emmenthal Cheese, Sauteed Spiced Vegetables,  
Guacamole, Sour Cream, Tomato & Onion Salsa, Sweet  
Potato Fries**  
(Contains Allergens: 6 Wheat 7, 8, 9, 11, 12, 13)

## From The Grill

*All our Beef is 100% IRISH matured for 28 days.  
While the RIB Steak is a slightly fatter Beef cut,  
Giving you tenderness and more flavour*

## Flamed Grilled Steak

**8 Oz Grilled Sirloin Steak €29.00**

**Battered Onion Rings, Rustic Chips & Caesar Dressed  
Leaves & Rustic Chips, Three Peppercorn Sauce**  
(Contains Allergens: 6 Wheat, 7, 8, 9, 11, 12)

**SURF 'N' TURF €33.95**

**8 Oz Sirloin Steak, Garlic Prawns, Battered Onion Rings,  
Rustic Chips, Caesar Dressed Leaves &  
Three Peppercorn Sauce**  
(Contains Allergens: 1, 2, 3 6 Wheat, 7, 8, 9, 11, 12)

**Seared 6 Oz Steak Sandwich €19.95**

**Grilled Ciabatta, Hot House Tomatoes, Red Onion, Wild  
Rucola Salad Caramelized Onion & Mushroom with  
Rustic Chips**  
(Contains Allergens: 6 Wheat, 7, 8, 9, 11, 12)

## Prime Time Burger

**Char Grilled Beef Burger €17.95**

**Smoked Gubbeen Bacon, With Caramelized Onions,  
Mature Dubliner Cheese, Bourbon & Tomato Relish,  
Brioche Bap, Rustic Fries**  
(Contains Allergens: 6 Wheat, 7, 8, 9, 10, 11, 12)

**Manhattan Chicken Burger €17.50**

**Fried Chicken Fillet, Ruby Coleslaw, Wild Rocket & Rustic  
Fries**  
(Contains Allergens: 6 Wheat, 7, 8, 9, 10, 11, 12)

## Roasted

### **Roast Of the Day €18.95**

**Served with Potato & Vegetables of The Day**  
(Contains Allergens: 6 Wheat, 7, 8, 9, 10, 11, 12)

### **Honey Roast Baby Back Pork Ribs €19.50**

**Marinated In-House Dressing, Toasted Sesame Seeds,  
Mixed Baby Leaf Salad, Sweet Potato Fries**  
(Contains Allergens: 6 Wheat, 7, 8, 9, 10, 11, 12)

### **½ Roast Chicken €18.50**

**Marinated with Thyme & Rosemary, Crème Potatoes,  
Sticky Root Vegetables and Red Wine Jus**  
(Contains Allergens: 6 Wheat, 7, 8, 9, 10, 11, 12)

## Fish

### **Galway Bay Catch of The Day €19.95**

**Served with Potato & Vegetables of The Day**  
(Contains Allergens: 1, 3, 6 Wheat, 7,8,9,12, 13)

### **Tempura Of Fresh Fish of The Day €17.95**

**Sweet Green Pea & Mint Puree, Tartar Sauce, Organic  
Mixed Leaf Salad, Rustic Fries**  
(Contains Allergens: 6 Wheat, 3, 11, 7, 9, 12)

## Curry

### **Indian Style Chicken Curry €18.95**

**Garlic & Coriander Naan Bread, Steamed Basmati Rice  
Mango Chutney**  
(Contains Allergens: 6 Wheat, 7, 8, 9, 10, 11, 12)

### **Indian Style Vegetables Curry €16.50**

**Garlic & Coriander Naan Bread, Steamed Basmati Rice  
Mango Chutney**  
(Contains Allergens: 6 Wheat, 7, 8, 9, 10, 11, 12)

### **Oriental Style Stir Fry Noodles (V) €16.95**

**Egg Noodles Tossed with Soy Ginger and Scallion Sauce**  
(Contains Allergens: 6 Wheat, 7, 8, 9, 10, 11, 12)  
*ADD CHICKEN €2.00*

### **Pasta Carbonara €18.50**

**Smoked Bacon Lardons & Wild Mushroom Cream Sauce,  
Garlic Bread**  
(Contains Allergens: 6 Wheat 7, 8, 9, 11, 12, 13)  
*ADD CHICKEN € 4.95*

## Sides

Rustic Fries (6 Wheat, 8, 9) €4.00

Creamy Mash Potatoes (7, 9) €4.00

Market Vegetables (7, 8, 9) €4.00

Rocket & Parmesan Salad (6 Wheat, 8, 9) €4.50

Famous Cajun Fries (6 Wheat, 8, 9) €4.50

Onion Rings (6 Wheat, 7, 8, 9) €4.00

*Our Ethos as a company is to support **Irish Farmers** and procure **From Local Irish Producers** as a priority. Purchase with confidence knowing that our meats are farm to fork traceable and supporting local, regional and Irish food producers and jobs*