

GLUTEN FREE AFTERNOON TEA menu

FROM OUR PASTRY KITCHEN

RAISIN SCONES WITH CHANTILLY CREAM & STRAWBERRY
(6 wheat,7,8,9,11)

SANDWICHES & SAVOURY SELECTION

AVOCADO & BELL PEPPER WRAP
(6 wheat,7,8,9,11)

CREAM CHEESE & CUCUMBER
(6 wheat,7,8,9,11)

CLASSIC EGG TRUFFLE MAYONNAISE
(6 wheat,7,8,9,11)

TOMATO & ONION BRUSCHETTA
(6 wheat,7,8,9,11)

SUNDRIED TOMATO & GOATS CHEESE TART
(6 wheat,7,8,9,11)

SWEET SELECTION

CHOCOLATE MARBLE CAKE
(5 for Almonds,6 Wheat,7,8,9,11)

STRAWBERRY & RASPBERRY SLICE
(5 for Walnuts,6 Wheat,7,8,9,11)

CHOCOLATE PETIT FOURS
(7,8,9,11)

MINI MACAROONS
(5 for Mixed Nuts,6 Wheat,7,8,9,11)

COFFEE & WALNUT CAKE
(6 wheat,7,8,9,11)

STRAWBERRY MERINGUE
(7,8,9,11)

DOUBLE CHOCOLATE PROFITEROLES
(7,8,9,11)

Allergen Index: 1. Crustaceans, 2. Molluscs, 3. Fish, 4. Peanuts, 5. Nuts, 6. Cereal containing gluten, 7. Milk milk products, 8. Soya, 9. Sulphur dioxide, 10. Sesame seeds, 11. Eggs, 12. Celery & celeriac, 13. Mustard, 14. Lupin. Although all due care is taken during meal preparation, cross contamination risks are possible. Please ask your server if you require any additional information on food allergens.



LOUGH REA
HOTEL & SPA

